

Lenka



Dr. Lenka Schulze, Ph.D., is an Intuologist, author, educator, and spiritual guide whose work bridges metaphysics, consciousness, and grounded, practical healing.

With a doctoral degree in spiritual healing, and the distinction of being the first medical intuitive to work alongside a licensed integrative medical doctor in Southwest Florida, Lenka has devoted her life to helping people reconnect with their vitality, clarity, and purpose through the power of their “First Sense,” the soul’s own language.

Her mission is simple yet profound: **to help those who feel lifeless, stuck, or dismissed by traditional systems reclaim their inner knowing.** Drawing on decades of research, lived experience, and her deep understanding of subtle energies, Dr. Lenka offers a clear, accessible path back to the self. She believes healing doesn’t come from pushing harder, it begins with listening more deeply. Through her guidance, clients learn to interpret the quiet signals of their body and spirit, and to apply this wisdom in everyday life.

Dr. Lenka’s teachings are grounded, heart-centered, and applicable to real-life challenges. She has an uncommon gift for making the unseen tangible—translating energetic concepts into language and practices that are easy to understand and even easier to integrate. As a lifelong student of both the human condition and the cosmic realm, she is continuing to learn and grow while empowering others to do the same.

For those alienated by both modern medicine and the commercialized side of wellness, Dr. Lenka offers something rare: **a return to self, a re-awakening, and most importantly, a way home.**

Career Highlights

- First medical intuitive to collaborate with a licensed integrative medical doctor in Florida
- Featured Keynote Speaker & presenter in the healthcare, wellness, and holistic healing industries
- Master’s degree in Metaphysics; Doctoral degree in Spiritual Healing
- Author of two books on intuition, spirituality, and healing
- Creator & Facilitator, Healing for Healers
- Developer of a unique, practical methodology for integrating subtle energy awareness into daily life



Digital Reach & Impact

Dr. Lenka's online presence reflects a loyal, quality audience drawn to her perspective on intuition, consciousness, and subtle energy work. Through her website, speaking engagements, and published books, she continues to grow a digital community that values authenticity, spiritual growth, and applicable wisdom. Her reach is defined not by the depth of engagement from individuals seeking lasting change.

Podcast Guest

Dr. Lenka is an insightful and resonant voice for podcast audiences seeking depth over hype. She speaks on the power of intuition as a practical, everyday tool; the intersection of spirituality and connection with nature; and how subtle energy awareness can transform health, relationships, and purpose. Her style is warm, clear, and thought-provoking—ideal for shows that value authentic, soul-centered conversation.



Listen Now



Thought Leader & TV Personality

Dr. Lenka Schulze brings credibility, calm authority, and deep insight to the stage and screen. Her pioneering collaboration with licensed physicians positions her at the forefront of integrative healing and spiritual wellness. Whether she's speaking to healthcare professionals, spiritual seekers, or mainstream media audiences, Lenka offers a powerful perspective on how energetic awareness can transform health, relationships, and purpose. She delivers transformational ideas with grace, clarity, and presence, making metaphysics approachable, relatable, and relevant.

Books

In *INTUITION: Listening to Your Inner Voice* and *Journey Of You: West Meets East*, Dr. Lenka guides readers to reconnect with the soul's wisdom and reclaim true wellness. She blends practical steps for developing intuitive awareness with a unifying approach that bridges Eastern and Western healing traditions. Together, these works offer a clear, grounded path to clarity, vitality, and authentic freedom.

