

Lenka

In-SIGHT-full questions

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How do I feel right now?
Where do these feelings come from?
What are you wanting to know?

Play in the world of Intuition

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Candle gazing/meditation
Deck of cards - have fun guessing the color or shape
Imagine what people will wear before meeting them

Regain the innocence of a child

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Laugh, daydream, doodle, dance and play.
Bring the LIGHTness into your day.

